

# TI LT RYDE MENU

Sydney Premium Cafe

## FOOD MENU

### Brunch

<b>AÇAÍ BOWL</b>	<b>\$20.00</b>
Açaí berry purée, seasonal berries, banana, baked muesli, coconut flakes & chia seed (V)	
<b>BLOWOUT BREAKFAST</b>	<b>\$25.00</b>
Toast, smoky baked beans, chorizo, bacon, sautéed mushroom, hash brown, smashed avocado and choice of eggs — swap chorizo and bacon to grilled halloumi or sautéed kale (VO)	
<b>TI LT OMELETTE</b>	<b>\$22.00</b>
Choose three fillings with mozzarella cheese, served with toast and side salad with Japanese dressing	
<b>EGGS ROYALE</b> (On Special)	<b>\$22.00</b>
<i>This is 10% OFF</i> English muffin, smashed avo, smoked salmon, poached eggs, hollandaise (VO, GFOR +2)	
<b>CORN FRITTERS</b>	<b>\$23.00</b>
Homemade corn fritters with smashed avocado, homemade chilli mayo, poached egg and side salad with Japanese dressing (V)	
<b>FRENCH TOAST</b>	<b>\$23.00</b>
Brioche, egg, cinnamon, whipped nutella, berry coulis, seasonal berries, banana, biscoff crumble (V)	
<b>EGGS YOUR WAY</b>	<b>\$13.50</b>
Served on toast with butter — poached, scrambled or fried (*GFOR +2)	
<b>AVO STACK</b> (Store Recommended)	<b>\$20.00</b>
Thick toast with smashed avocado, smoked salmon, two poached eggs, hollandaise sauce, chilli flakes, fried kale — swap smoked salmon to bacon, ham or sautéed kale (VO)	
<b>VERDANT BREAKFAST</b>	<b>\$23.00</b>
Brioche bread coated with egg mixture, seasonal berries, caramelized banana, ice-cream, Biscoff crumbs and maple syrup (V)	

*For (TI LT OMELETTE): Tilt Omelette options*

*For (EGGS YOUR WAY): Bread Option  
Extras*

*For (BLOWOUT BREAKFAST, EGGS ROYALE, CORN FRITTERS, FRENCH TOAST, AVO STACK, VERDANT BREAKFAST): Bread Option*

### Burgers and Rolls

<b>OZ BEEF BURGER</b>	<b>\$23.00</b>
Brioche bun, beef patty, sliced cheese, bacon, caramelised onion, beetroot, tomato, mixed lettuce, premium burger sauce, served with side of chips	
<b>K.F.C BURGER</b>	<b>\$23.00</b>
Brioche bun, fried chicken with spicy Korean sauce (mild), Asian coleslaw, sliced cheese, kewpie mayo, gherkin, served with side of chips	
<b>BAE ROLL</b>	<b>\$16.50</b>
Brioche bun, bacon, fried egg, hash brown, sliced cheese & choice of sauce (BBQ / tomato / chilli / aioli / sweet chilli) (*GFOR +2)	

### B&E ROLL

**\$12.50**

Brioche bun, bacon, fried egg & choice of sauce (BBQ / tomato / chilli / aioli / sweet chilli) (\*GFOR +2)

### Main

#### FISH & CHIPS

**\$25.00**

Crispy battered flathead fillets, side of chips & salad with Japanese dressing, served with tartar sauce & lemon

#### CHICKEN & CHIPS

**\$25.00**

Southern fried chicken, side of chips & salad with Japanese dressing

### Sandwich

#### HCT TOASTIE

**\$11.50**

#### REUBEN

**\$14.00**

Sourdough with sauerkraut, beef pastrami, sliced cheese & thousand island sauce

#### PORTUGUESE CHICKEN

**\$14.00**

Sourdough with grilled Portuguese chicken, mixed lettuce, tomato, Portuguese mayo & sliced cheese

### Wraps

#### BREKKIE WRAP

**\$16.50**

Spinach wrap with chorizo, grilled halloumi, scrambled eggs, caramelised onion, mixed lettuce & BBQ sauce

#### MUSHROOM WRAP

**\$16.50**

Spinach wrap with sauteed mushroom, grilled halloumi, scrambled eggs, smashed avocado, caramelised onion, mixed lettuce & aioli sauce

#### PESTO CHICKEN WRAP

**\$7.50**

Spinach wrap with pesto mayo chicken, mixed lettuce, tomato, red onion & sliced cheese

#### FRIED CHICKEN WRAP

**\$17.00**

Spinach wrap with fried chicken, mixed lettuce, smashed avocado, tomato, mozzarella cheese & homemade chilli mayo

#### PERI-PERI CHICKEN WRAP

**\$7.50**

Spinach wrap with peri-peri mayo chicken, mixed lettuce, tomato, red onion & sliced cheese

*For (PESTO CHICKEN WRAP, PERI-PERI CHICKEN WRAP): Wrap Size*

*For (FRIED CHICKEN WRAP): Wrap Add-ons*

### Salad

#### TI LT SALAD

**\$20.00**

Mixed lettuce, avocado, cherry tomato, green apple, carrot, feta cheese, Japanese dressing

#### POKE BOWL SALAD

**\$23.00**

Soba noodle, corn salsa, edamame, carrot, cucumber, avocado, crispy chilli oil, Japanese dressing

*For (all in this category): Salad Protein options*

V: Vegetarian | VO: Vegetarian Option | GFOR: Gluten-Free on request

Please tell staff about food allergies. Ingredient substitutions are not possible.

A 10% surcharge applies during public holidays.

Scan QR to order | Follow us on Instagram @tiltreyde

2/22 Blenheim Rd, North Ryde NSW 2113 | 02 7901 8827



Instagram



Facebook



Order

## Little Champ's Menu

**CHAMP'S NUGGETS** **\$13.00**

Six pieces of nuggets with chips and tomato sauce

**CHAMP'S BEEF BURGER** **\$15.00**

Brioche bun, beef patty, sliced cheese, tomato sauce, served with chips

**CHAMP'S BREKKIE** **\$13.00**

Sourdough with scrambled eggs and one rasher of bacon

## Snacks

**CHIPS** **\$8.00**

Choice of sauce: BBQ, tomato, chilli, aioli or homemade chilli mayo

**NUGGET & CHIPS (12 PCS)** **\$16.00**

12 pieces of nuggets with choice of sauce: BBQ, tomato, chilli, aioli or homemade chilli mayo



# DRINK MENU

## Hot Drinks

Espresso	\$4.80
Piccolo	\$4.80
Macchiato	\$4.80
Long Black (S)	\$4.80
Long Black (L)	\$5.50
Flat White (S)	\$4.80
Flat White (L)	\$5.50
Latte (S)	\$4.80
Latte (L)	\$5.50
Cappuccino (S)	\$4.80
Cappuccino (L)	\$5.50
Mocha (S)	\$6.00
Mocha (L)	\$6.50
Hot Chocolate (S)	\$6.00
Hot Chocolate (L)	\$6.50
Batch Brew (S)	\$6.00
Batch Brew (L)	\$6.50
V60 (S)	\$8.50
Matcha Latte (L)	\$6.50
Chai Latte (L)	\$7.00
Babycino (S)	\$2.50

For (Espresso, Long Black (S), Long Black (L), Batch Brew (S), Batch Brew (L), V60 (S)): Coffee Add-ons

For (Hot Chocolate (S), Hot Chocolate (L), Matcha Latte (L), Chai Latte (L)): Milk Choice

For (Piccolo, Macchiato, Flat White (S), Flat White (L), Latte (S), Latte (L), Cappuccino (S), Cappuccino (L), Mocha (S), Mocha (L), Babycino (S)): Milk Choice  
Coffee Add-ons

## Cold Drinks

Iced Latte (S)	\$6.00
Iced Latte (L)	\$7.00
Iced Long Black (S)	\$6.00
Iced Long Black (L)	\$6.50
Iced Coffee	\$7.50
Iced Mocha	\$7.50
Iced Chocolate	\$7.50
Iced Chai Latte	\$7.50
Iced Matcha Latte	\$7.00
Cold Brew	\$7.00
Iced Strawberry Matcha Latte	\$8.00
Iced Strawberry Latte	\$7.50
Iced Strawberry Ade	\$7.00

## Tea

English Breakfast	\$6.00
Earl Grey	\$6.00
Green Tea	\$6.00
Lemongrass Ginger	\$6.00

Peppermint

Tea drop

\$6.00

\$6.00

## Bottled Juice

Pure Orange	\$9.50
100% Pure Australian Valencia Oranges	
Tropical Bliss	\$9.50
Orange, Mango, Passion fruit & Lucuma	
Immunity	\$9.50
Carrot, Orange, Pineapple, Celery, Lemon & Turmeric	

## Smoothies

Acai	\$12.00
Mixed Berry	\$10.00
Mango	\$10.00
Banana	\$10.00
<i>Smoothie Extras</i>	

## Milkshakes

Vanilla Milkshake (R)	\$5.50
Vanilla Milkshake (L)	\$6.50
Strawberry Milkshake (R)	\$5.50
Strawberry Milkshake (L)	\$6.50
Caramel Milkshake (R)	\$5.50
Caramel Milkshake (L)	\$6.50
Chocolate Milkshake (R)	\$5.50
Chocolate Milkshake (L)	\$6.50

